

FREQUENTLY ASKED QUESTIONS

HOW WILL MY REFERRING PROVIDER KNOW THAT I AM HAVING A BIOPSY?

Your referring provider will have sent a referral for this procedure and will receive a report with your results.

HOW AND WHEN WILL I LEARN ABOUT MY RESULTS?

During the biopsy procedure we will obtain tissue samples, which will be sent to a pathology laboratory. Once the results are provided by the lab, which may take a few days, a final report with your results will be sent to your referring provider, who will then explain the results to you and answer any follow up questions you may have.

WHAT IF I HAVE QUESTIONS ABOUT THE PROCEDURE?

If you have any questions, please contact our Biopsy Coordinator at (360) 413-8383, ext. 8305, during normal business hours.

YOUR APPOINTMENT

MON TUE WED THU FRI

DATE

TIME

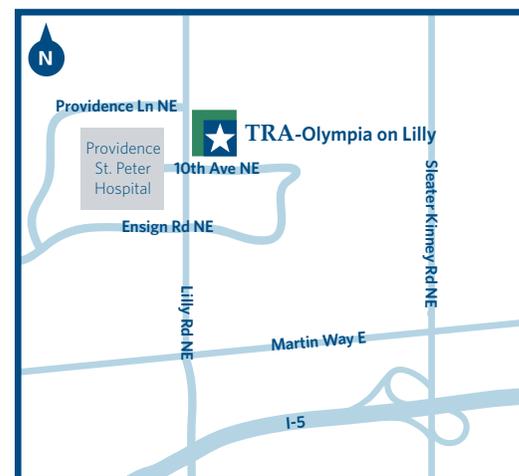
In order to provide the best care possible we ask that you please arrive no later than the time requested. For patients who arrive after their scheduled appointment time we may reschedule your procedure to another day.

If you have any questions about the procedure, please contact our Biopsy Coordinator at **(360) 413-8383, ext. 8305.**

REGARDING SEDATION

If you would like a mild sedative for your diagnostic procedure, you will need to receive a prescription from your referring provider prior to your appointment. **If you plan to take a sedative, please arrive 30 minutes earlier than instructed to your procedure and bring your medication with you to your appointment. You should not take the sedative before arriving.**

If you choose to take a sedative prescribed by your referring provider, you will be required to have a designated driver check in with you and remain on site during the entire procedure.



TRA Olympia- on Lilly

Located in the Memorial Medical Plaza
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Phone: (360) 413-8383, ext. 8305
Hours: 8:00 a.m. to 5:00 p.m. Mon-Fri
www.tranow.com

Our mission is to provide the highest quality, compassionate, comprehensive care while continuing our legacy of innovative medical imaging in the communities we serve.

TRA Medical Imaging

Ultrasound-Guided Breast Biopsy 01.2015



TRA Medical Imaging

**ULTRASOUND-GUIDED
BREAST BIOPSY**

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IT'S GOOD TO KNOW

THE FACTS...

You've heard the saying that information is power; but it can also provide peace of mind. Being told that you have to return for a diagnostic procedure can be stressful. But knowing the facts and what to expect can help.

WHAT IS AN ULTRASOUND-GUIDED BREAST BIOPSY?

An Ultrasound-Guided Breast Biopsy is a non-radiation, minimally invasive technique used to gather tissue samples from a breast abnormality discovered during a diagnostic mammogram and/or breast ultrasound. Sometimes these abnormalities turn out not to be a problem. If there is a potential problem, early detection is essential and increases treatment options and the likelihood of successful recovery.

At TRA Medical Imaging our physicians are board-certified, sub-specialized radiologists, so they have the highest likelihood of detecting potential problems early on. Our technologists have also received specialized training in breast imaging.

TRA Medical Imaging is a multi-specialty radiologist group practice. This means that TRA's radiology physicians are highly trained and experienced in diagnosing a broad spectrum of complicated medical conditions. With imaging centers located throughout the Puget Sound region and more than 700,000 exam interpretations annually, TRA Medical Imaging's focus is on patient safety, the highest quality diagnostic imaging and expert exam interpretation. Our board certified radiologists work closely with your referring physician to decide what diagnostic exam is most appropriate, and confer regarding exam results and future care.

WHAT TO EXPECT...

While you are at TRA Medical Imaging, you will experience a safe, comfortable and respectful atmosphere. We offer specialized care in a technologically advanced facility, and foster close partnerships with area physicians and laboratories.

WHAT WILL THE PROCEDURE BE LIKE?

For your Ultrasound-Guided Breast Biopsy appointment, you should plan on being in the center for a couple of hours, which will include all pre- and post-procedure care. The procedure itself will take about 15 minutes. During this time you will be lying still on your back or side.

An ultrasound technologist will make sure that you are comfortable, and then apply a gel that is used to help improve the contact between the hand-held ultrasound transducer and your skin. The gel may feel a little cold. The technologist will obtain images by gently pressing and rolling the transducer over areas of your breast or underarms.

Once the abnormality is located, the area will be cleaned. A radiologist will inject local anesthetic into your skin and deeper tissues to numb the area. A very small skin incision—approximately 1/4 inch—will be made. Most patients experience some minor discomfort during this procedure. Some experience no discomfort at all.

The radiologist will then use imaging techniques to locate the abnormality and extract several tissue samples to be sent to and interpreted by a pathologist. After the tissue is removed, a small metallic marker will be placed in your breast.

This marker is a reference point for future imaging, and confirms that the area of concern has been biopsied. Following your procedure, a mammogram will be performed to document the position of the marker.

THE BEFORE AND AFTER...

Most diagnostic procedures are simple to prepare for and have a quick recovery time. With a few easy steps you will be ready for your procedure.

WHAT DO I NEED TO DO BEFORE MY PROCEDURE?

When you schedule your procedure, we will review your health history and any medications you are currently taking. On the day of your procedure, you may eat and drink normally.

Please wear a comfortable, loose fitting two-piece outfit, as you will be asked to remove your top prior to the procedure. Please refrain from wearing any powder, perfume, deodorant and/or lotion on your underarms and breasts prior to the procedure.

WHAT DO I NEED TO DO AFTER MY PROCEDURE?

Following your Ultrasound-Guided Breast Biopsy, you will need to wear a supportive bra and keep the dressing that covers your incision clean and dry for the first 24-48 hours. You should ice the biopsy site following the procedure. Detailed self-care instructions will be provided to you immediately following your biopsy.

Avoid any strenuous activity for 48 hours following your procedure, especially activities that involve repetitive movement of the chest and arms, such as lifting, vacuuming, swimming and exercising.

