



# GOOD TO KNOW

**TRA** Medical  
Imaging

## Hysterosalpingogram (HSG) Fertility Test

### **The Hysterosalpingogram (HSG) Fertility Test**

A hysterosalpingogram is a type of X-ray that assists in family planning by uncovering potential causes of infertility. An HSG uses an X-ray technique called fluoroscopy, aided by a contrast material, to examine internal organs in motion. The test may reveal a blocked fallopian tube, an abnormal shape or structure of the uterus, or scarring from polyps, adhesions, or fibroids. It can also be used to evaluate the condition of the fallopian tubes after surgery, such as a tubal ligation. By examining the inside of the uterus and fallopian tubes an HSG can help doctors figure out why a patient maybe having trouble conceiving.

## Preparing for an HSG

### How is the exam performed?

During the test, you will lie on an exam table on your back and with your feet in stirrups. The radiologist will insert a speculum into the vagina, and clean the cervix with a cleaning solution. They will then introduce a small catheter into the cervical opening and advance it into the uterus. A special dye, called contrast, is injected through the catheter to fill the uterus and fallopian tubes. The radiologist and technologist will take pictures as the dye moves through these organs. The procedure usually takes only minutes to complete.

### Will it hurt?

Most patients experience mild cramping during and immediately following the procedure. This is usually comparable to menstrual cramping and should subside within a few hours.

### When can I have the exam?

The exam should be scheduled seven to 10 days after the start of your last menstrual period. These days are optimal to ensure that menstrual bleeding has stopped and that you are not at a fertile point in your cycle.

### When will I get the results of this procedure?

You will have the opportunity to go over the results of this exam with our physician prior to leaving our center. A follow-up report will be sent to your physician shortly after the exam.

*TRA Medical Imaging is dedicated to providing a safe and comfortable environment for your exams and procedures. Fertility planning can be difficult, both emotionally and financially, and we understand that most insurance policies do not cover the HSG exam. This procedure, when performed in our outpatient center will typically cost far less than the same exam at other health care facilities. TRA provides patients multiple payment plan options for the HSG fertility testing, these include same-day exam discounts or flexible payment plans with no finance fees or interest charges. Please call TRA's Financial Counselors at (855) 271-2416 to find out more.*

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