ROUTINE CHEST WITH 16 Emotion

Indications	Cough, SOB, restage cancer, abnormal cxr						
Diagnostic Task	Detect nodules or masses and characterize their size and shape, abnormal fluid collections in chest						
Scan mode	Helical-inspiration						
Position/Landmark	Head first-Supine 1cm to shoulders-arms above head						
Topogram							
kVp/Reference mass	130kv 110mas/Care Dose ON 110kv if pt under 140lbs						
Rotation time/pitch	0.6/0.8						
Detector Configuration	16x1.2						
Table Speed/Increment	15.36						
Dose reduction	CareDose 4D						
Allowed CTDI ranges*	7mGy-50mGy						
XR29 Dose Notification value	50mGy						
Helical Set		body	thickness			recon	
	recon	part	spacing	kernel win	dow de	estination	
	1 ches	t	2mmx 2mm	31medium smooth	mediastinum	pacs	
	2 lung		1.5mmx 1.5mm	70very sharp	lung	pacs	
	3 coror	al chest	2mmx2mm	31medium smooth	mediastinum	pacs	
	4 sag c	hest	2mmx2mm	31medium smooth	mediastinum	pacs	
	5 axial	MIP lung	10mmx2mm	B20f smooth	lung	pacs	
	6 Super	D	1.5mmx0.7mm	31medium smooth	mediastinum	pacs	
Scan Start/end location	2cm superior to lung apices						
	through adrenal glands/inferior aspect of L-1						
DFOV	35cm/decrease for lung recons						
	decrease appropriately						
IV contrast volume/type	75ml < 200lbs, 100ml 200-250lbs, 125ml>250lbs isovue 370 2.5-3cc/sec						
	Performed as directed by a supervising radiologist						
Scan delay	60 seconds						

Approximate Values for CTDIvol						
Patient size	weight(kg)	weight(lbs)	CTDIvol(mGy)			
SMALL	50-70	110-155	4-10			
AVERAGE	70-90	155-200	8-16			
LARGE	90-120	200-265	14-22			

NOTE*

*The AAPM recommended NEMA XR29 Dose Notification Value for an adult torso is 50mGy. Dose Notification levels less than the AAPM recommended can be set. The maximum CTDI vol should match the dose notification value. Exams with CTDI vol values less than the minimum allowed range should not be performed unless approved by a radiologist.