

### **ABOUT US**

TRA Medical Imaging is the community's source for convenient diagnostic imaging throughout the south Puget Sound. We are a local partnership of sub-specialized radiologists providing high quality, patient-centered care since 1918. TRA has combined compassionate, individualized care with leading-edge technology to offer the highest expertise and quality in medical imaging. Our radiology physicians, technologists, and staff provide our referring physicians and patients with excellence in care.

TRA Medical Imaging provides over 1.2 million interpretations annually within eleven area hospitals in the MultiCare and CHI Franciscan Health Systems, twelve outpatient imaging centers, numerous medical practices and related medical clinics across the systems including urgent care locations.

### **OUTPATIENT IMAGING CENTERS**



# TRA Medical Imaging

### **DIAGNOSTIC IMAGING CENTER OF EXCELLENCE**

TRA Medical Imaging outpatient locations are designated Diagnostic Imaging Centers of Excellence (DICOE) by the American College of Radiology.

DICOE goes beyond the American College of Radiology's gold standards, and is an elite distinction that is awarded to practices who have demonstrated a commitment to providing the safest and highest quality care.



TRA Scheduling: (866) 761-4200, opt. 2 Available Monday-Friday, 8:00am-5:00pm

Financial Counseling: (855) 271-2416

Available Monday-Friday, 8:00am-5:00pm Exam quotes, assistance with financial assistance and financial questions **before** your exam.



## OUR COMMITMENT TO RADIATION SAFETY

TRA Medical Imaging

### **ABOUT RADIATION EXPOSURE**

The exposure encountered during an imaging procedure varies. The exposure can be compared to that received over the course of one year from natural radiation in our environment, such as the air we breathe, the ground we walk on, and the food we eat.

To learn more about how imaging exams compare, visit the American College of Radiology's patient-focus website at **www.imagewisely.org**.



### WE TAKE YOUR SAFETY SERIOUSLY

TRA Medical Imaging takes significant measures to limit radiation exposure – and maintain high standards for our medical technology. One of the ways we do this is by calibrating the radiation exposure of each Computed Tomography (CT) diagnostic exam based on the size of the patient. Each patient is carefully evaluated so that we provide optimal diagnostic information with limited exposure. This technique allows us to minimize radiation doses, especially for children.

#### **OUR CLINICS:**

- Are ACR accredited
- Are designated Diagnostic Imaging Centers of Excellence (DICOE) by the American College of Radiology.
- Have equipment that is calibrated and monitored to ensure radiation exposure is limited
- Are staffed by certified, trained, and highly experienced technologists that monitor the radiation exposure of services they perform to ensure patients will receive the lowest radiation dose possible













### **OUR PHYSICIANS:**

- Are board certified by the American Board of Radiology
- Are trained experts in minimizing radiation exposure to patients
- Use the American College of Radiology (ACR)
   Appropriateness Criteria so that the most suitable medical protocols and imaging exams are used to limit exposure
- Actively participate in an initiative of the Alliance of Radiation Safety in Pediatric Imaging which is dedicated to reducing radiation dose estimates that children receive from medical imaging examinations

### Image Wisely® at TRA Medical Imaging

Through the Image Wisely® program, TRA physicians and staff pledge to put patient safety, health and welfare first by optimizing all medical imaging exams. This means that TRA radiologists and staff use the lowest possible dose of radiation required to produce detailed, quality images. This approach helps limit your radiation exposure.

Medical imaging that expose us to low-doses of radiation\* include:

- · Standard x-rays
- · CT scans
- Mammography
- · PET/CT scans
- Fluoroscopy
- · Nuclear Medicine studies



The outpatient clinics managed by TRA Medical Imaging are accredited by the American College of Radiology (ACR). The ACR only grants accreditation when an imaging center provides patients the highest level of image quality and patient safety.

### **OUR COMMITMENT TO SAFETY**

We want to provide peace of mind and make you aware of the precautions we take and the advances in technology that allow us to lower your radiation exposure during your medical imaging exam without compromising quality.

#### **CONCERNED ABOUT RADIATION?**

Before undergoing an imaging study ask your physician or health care provider:

- Why do I need this exam?
- How will having this exam improve my health care?
- Are there alternatives that do not use radiation, which are equally as good?
- Is the facility I am being referred to for diagnostic imaging accredited by the American College of Radiology?
- Will my child receive a child-sized radiation dose (for pediatric exams)?

\*Note that MRI and Ultrasound imaging do not produce any radiation

For more information on radiation safety visit the American College of Radiology's patient-focused website, www.imagewisely.org or speak with your health care provider regarding any concerns.